

- **Green Scene** is a new summertime initiative aimed at getting more people active through better use of our parks & green spaces in Dublin City. DCSWP Sports Officers will work with partners to organize new, interesting & enjoyable games, activities and coaching sessions.

Complimenting The Green Scene will be the following:

Seen on the Green – Efforts will be made to entice well known sporting personalities to attend activities. We will promote these through a ‘Seen on the Green’ segment on social media and other relevant media channels. This will help build the profile of the programme and assist with securing future sponsorship.

The Green Machine – Awards/prizes will be presented to participants attending the highest number of sessions.

- **Cycle Leader Training:** A number of DCSWP Sports Officers have combined resources to facilitate a Cycle Leader Training Course on June 28th/29th in the Municipal Rowing Centre, Islandbridge, D8. A number of adults from the South Central Area are expected to attend this training and subsequently lead a 6-week ‘Bike for Life’ programme prior to the great Dublin Bike Ride in September. Updates to follow.
- **Aviva Stadium Tours & Boxing Taster Session:**
All 5th & 6th class pupils and Transition Year students throughout the Dublin City area, including many from the South Central Area, who took part in the Startbox Programme have been invited to take part in free tours of the Aviva stadium throughout June & July (which will be guided by DCSWP/IABA Boxing Officers). Students will also experience a short coaching session and view some famous Irish, International & Olympic boxing memorabilia (this will be coupled with interesting & informative stories/anecdotes to inspire and educate the students!).
- **Stanaway Park Family Fun Day** – This will take place on Sunday 25th June from 1pm – 5pm. Activities to include athletics, archery, fencing & frisbee.
- A number of **Community Sports Days** will be held in Clogher Road this July from 10.30am – 3.30pm on the 4th, 11th & 18th.
- **Donore Community Drugs Team (Pilot TRY Programme)**
The DCSWP Sports Officer is working alongside the Donore Community Drugs Team on a programme called TRY (Targeted Response at Youth). This initiative is targeting a group of disaffected young men and is a pilot programme due to run to middle of July. The young men are attending a soccer drop-in session in St. Catherine’s Sport Centre on Monday evenings from 5pm to 6pm and then, depending on their individual needs, will meet with the drug team workers during the week. On Friday mornings the young men travel away from the area to take part in a range of sporting activities including Football Golf, Football Darts, Skills Zone, Jump Zone, Hill Walks etc...

- **Club Support**
The local DCSWP Sport Officer supports and works with the coaches from *St. Catherine's Boxing Club & Tae Kwon-Do Club* who both train on various evenings in St. Catherine's Sports Centre and are always willing to take on new members. Likewise with *Liberty Saints Rugby Club U13's & 17's* who train on Tuesday & Thursday nights in Liberty Park on Basin Lane.
- **Bluebell Fitness Classes** – Two fitness programmes run weekly in Bluebell Community Centre; Zumba on Mondays from 7pm to 8pm and Aerobics on Thursdays from 7pm to 8pm. This programme is open to the community.
- **Fatima Fitness Classes** - Two fitness programmes run weekly in the F2 centre; Step Aerobics on Mondays from 6pm to 7pm and Circuit Training from 6pm to 7pm on Thursdays. This programme is open to the community.
- **Activities for Over 55's**
Aqua Aerobics, every Wednesday from 11am – 12pm in Guinness Pool
Chair Aerobics, every Thursday from 10.30am – 11.30am in Donore Avenue Community Centre
Indoor Bowls, every Friday from 12pm – 1pm in Donore Avenue Community Centre
- **Couch to 5K** – there are currently two 'couch to 5k' groups running in the Dublin 8 area. One takes place in Bluebell on Wednesday evenings from 6pm – 7pm and the other takes place in Fatima (same day & time). For more information please contact the local DCSWP Sports Officer.
- **GYMtastics** – this initiative, aimed at 8 – 11 year olds with varying degrees of abilities, takes place every Wednesday from 4.30pm – 5.30pm in the F2 Centre, Fatima.
- **Addiction Response Crumlin (4 Programmes)**
Wednesdays: 11am to 1pm, Urban Gym Drimnagh – Recovered Group
Thursdays: 11am to 1pm, Urban Gym Drimnagh – Recovery Via Sport Group 2
Fridays: 11am to 12pm, Clogher Rd – Women's Group
Fridays: 11am to 1pm, Clogher Rd – Addiction Response Men
- The DCSWP Sports Officer for Crumlin is currently delivering a **Change for Life Programme** for underactive adults every Wednesday from 10am – 11.30am. The Programme encompasses yoga, gym work, nutrition advice & a 21-day walking challenge.
- St. Catherine's Sports Centre hold an '**open gym**' session for residents of the **Fr. Peter McVerry Trust** Foyer every Friday morning
- An **Outdoor Pursuits Programme** (kayaking, mountain biking, rafting, rock climbing) will run throughout July & August in Ballyfermot Youth Service Adventure Centre. DCSWP Sports Officers in the South Central Area will facilitate sessions for local youth groups.

Football Development Officers Update

- **Intercultural Programme:** This is a joint initiative between Cherry Orchard FC, local schools and the local community in Ballyfermot. It takes place on Thursdays from 12.30pm – 1.30pm in Elmdale Park and from 4.30pm – 5.30pm in Sports & Fitness Ballyfermot.

- **Football Drop-in** every Monday from 5pm to 6pm in Ballyfermot Sports & Fitness for 5 – 7 year olds (skill development) and every Wednesday from 4pm to 6pm in Inchicore Sports Centre for both 7 – 12 year olds & teens (social, diversion, skill development). There is also a Community Football Session for 10 – 14 year olds on the Basin Lane Pitch every Wednesday from 6pm – 7pm.
- **Sprog Soccer** takes place every Monday from 4pm to 5pm in St. Catherine’s Sports Centre for 4 – 8 year olds.
- **Men’s Homeless Street League** takes place each Friday from 11am – 1pm in St. Catherine’s Sports Centre.
- **Cross Border Football Blitz:**
Football competition between different communities of youths from localities in the South Central Area and from Northern Ireland. This takes place in St. Catherine’s Sports Centre on Wednesday 21st June from 12pm to 2pm.
- A Summer Football Programme for children of all ages from St. Michael’s Estate and beyond will take place in Inchicore Sports Centre every Friday from 11am – 1pm, commencing July 7th.
- **Summer Camps:** The FAI/DCSWP Football Development Officers will run Summer Camps for boys & girls between the ages of 6 and 14 in Pearse Park (in association with Crumlin Utd) and in Elmdale Park (in association with Cherry Orchard) over 2 weeks covering July 3rd – 7th & July 10th – 14th.
- **Community Coach Development Sessions** are continually ongoing as the local FAI/DCSWP Football Development Officer endeavours to further educate local football coaches in all aspects of the game, from tactics to good general management & player welfare.

Cricket Development Officer Update

- **School Visits:** We will be delivering school-yard sessions in the South Central Area to the following schools until the end of June:

*Drimnagh Castle B.N.S.
Scoil Una Naofa*

Once the Schools Programme is complete we will link with the DCSWP Sports Officers to assist in any projects during the Summer period.

- The Cricket Development Officer is working closely to develop the newly formed Chapelizod Cricket Club. Coaching Sessions are being held with this group in St. Catherines Park, Lucan, on Friday evenings from 6.30pm – 8.30pm.

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